

# Safety First When Backing

## ✓ Avoid backing when possible

- Look for opportunities to pull through and position your vehicle to avoid backing into or out of the area.
- Seeing what's in front of you is easier than seeing what's behind you

## ✓ Get Ot And Look every time

- Follow the G.O.A.L. Principle
- Conditions change, so check every time.
- Looking up, down, left, right, in front of, and behind your vehicle should be part of your pre-backing safety check.

## ✓ Communicate with your helpers/spotters

- Be clear with your helper about your concerns and how to best assist you.
- Agree on hand signals or voice commands ahead of time.
- Never let a helper ride in the back of your trailer or get between your vehicle and another object.

## ✓ Prevent incidents through awareness and patience

- Get out and look for hazards. That's the G.O.A.L.
- Be patient and wait for a safe time to perform your maneuver.

## ✓ Be confident – stop the maneuver if needed

- Reset and try again.
- If you've blocked traffic, allow other drivers to pass if possible.
- Learn from your mistakes to avoid issues next time.

