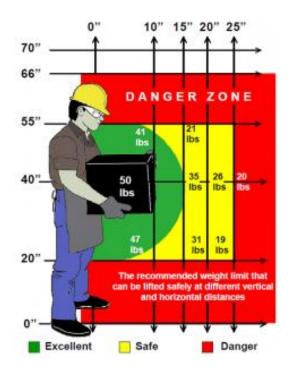


The most preferred area of the body to perform work or pick up, hold, and transfer items is between your mid-thigh and chest area?





Working outside this area of the body adds stress to your core and joints. Keep your work close and reduce your chance of suffering an injury! If you are required to lift or transfer items, keep them close to your...

Power Center!